The Securities and Exchange Commission has not necessarily reviewed the information in this filing and has not determined if it is accurate and complete.

The reader should not assume that the information is accurate and complete.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 FORM D

Notice of Exempt Offering of Securities

OMB APPROVAL			
OMB Number:	3235- 0076		
Estimated average burden			
hours per response:	4.00		

1. Issuer's Identity

CIK (Filer ID Number)	Previous Names	None	Entity Type
<u>0001756390</u>	Ascend Grou	p Partners, LLC	Corporation
Name of Issuer		L Z	Limited Partnership
Ascend Wellness Holdings, LLC			X Limited Liability Company
Jurisdiction of			General Partnership
Incorporation/Organization			Business Trust
DELAWARE			Other (Specify)
Year of Incorporation/Organ	ization		
Over Five Years Ago			
X Within Last Five Years (Specify Year) 2018		
Yet to Be Formed			
2. Principal Place of Business and Contac	ct Information		
Name of Issuer			
Ascend Wellness Holdings, LLC			
Street Address 1			Street Address 2
16 Brook Street			
City State/Pr	ovince/Country	ZIP/Posta	ICode Phone Number of Issuer
Natick MASSACI	HUSETTS	01760	617-378-2556
3. Related Persons			
Last Name	First	t Name	Middle Name
Kurtin A	Abner		
Street Address 1	Street A	Address 2	
16 Brook Street			
City	State/Prov	ince/Country	ZIP/PostalCode
Natick M	MASSACHUSET	TS	01760
Relationship: Executive Officer X Di	rector Promoter	1	
Clarification of Response (if Necessary):			
Manager			
Last Name	First	t Name	Middle Name
Perullo F	Frank		
Street Address 1	Street A	Address 2	
16 Brook Street			
City	State/Prov	ince/Country	ZIP/PostalCode
Natick M	MASSACHUSET	TS	01760
Relationship: Executive Officer X Di	rector Promoter	1	

Clarification of Response (if Necessary):

Manager

Last Name Swid	First Name Scott	Middle Name
Street Address 1	Street Address 2	
16 Brook Street		
City	State/Province/Country	ZIP/PostalCode
	MASSACHUSETTS	01760
Relationship: Executive Officer X D	pirector Promoter	
Clarification of Response (if Necessary)):	
Manager		
Last Name	First Name	Middle Name
	Emily	
Street Address 1	Street Address 2	
16 Brook Street		710/0
City Natick	State/Province/Country MASSACHUSETTS	ZIP/PostalCode 01760
Relationship: Executive Officer X D		01/00
Kelatonsinp. Executive Officer A D	fiector Fromoter	
Clarification of Response (if Necessary)):	
Manager		
Last Name	First Name	Middle Name
Leavy	Christopher	
Street Address 1	Street Address 2	
16 Brook Street		
City Natick	State/Province/Country MASSACHUSETTS	ZIP/PostalCode 01760
Relationship: Executive Officer X D		01/00
-		
Clarification of Response (if Necessary)):	
Manager		
4. Industry Group		
Agriculture	Health Care	Retailing
Banking & Financial Services	Biotechnology	Restaurants
Commercial Banking	Health Insurance	Technology
Insurance	Hospitals & Physicians	Computers
Investing	Pharmaceuticals	Telecommunications
Investment Banking Pooled Investment Fund		
	Other Health Care	Other Technology
Is the issuer registered as an investment company under	Manufacturing Real Estate	Travel
the Investment Company	Commercial	Airlines & Airports
Act of 1940?		Lodging & Conventions
Yes No	Construction	Tourism & Travel Services
Other Banking & Financial Service	es REITS & Finance	Other Travel
Business Services	Residential	X Other
Energy	Other Real Estate	
Coal Mining		

- Electric Utilities Energy Conservation Environmental Services Oil & Gas Other Energy
- 5. Issuer Size

Revenue Range	OR	Aggregate Net Asset Value Range
No Revenues		No Aggregate Net Asset Value
\$1 - \$1,000,000		\$1 - \$5,000,000
\$1,000,001 - \$5,000,000		\$5,000,001 - \$25,000,000
\$5,000,001 - \$25,000,000		\$25,000,001 - \$50,000,000
\$25,000,001 - \$100,000,000		\$50,000,001 - \$100,000,000
Over \$100,000,000		Over \$100,000,000
X Decline to Disclose		Decline to Disclose
Not Applicable		Not Applicable

6. Federal Exemption(s) and Exclusion(s) Claimed (select all that apply)

	Act Section 3(c)	
Rule 504(b)(1) (not (i), (ii) or (iii))	Section 3(c)(1)	Section 3(c)(9)
Rule 504 (b)(1)(i)	Section 3(c)(2)	Section 3(c)(10)
Rule 504 (b)(1)(ii)	Section 3(c)(3)	Section 3(c)(11)
Rule 504 (b)(1)(iii) X Rule 506(b)	Section 3(c)(4)	Section 3(c)(12)
Rule 506(c)	Section 3(c)(5)	Section 3(c)(13)
Securities Act Section 4(a)(5)	Section 3(c)(6)	Section 3(c)(14)
	Section 3(c)(7)	

- 7. Type of Filing
- X New Notice Date of First Sale 2019-03-01 First Sale Yet to Occur Amendment
- 8. Duration of Offering

Does the Issuer intend this offering to last more than one year? Yes X No

9. Type(s) of Securities Offered (select all that apply)

X Equity	Pooled Investment Fund Interests
Debt	Tenant-in-Common Securities
Option, Warrant or Other Right to Acquire Another Security	Mineral Property Securities
Security to be Acquired Upon Exercise of Option, Warrant or Other Right to Acquire Security	Other (describe)

10. Business Combination Transaction

Is this offering being made in connection with a business combination transaction, such as a merger, acquisition or exchange offer? Yes X No

Clarification of Response (if Necessary):

11. Minimum Investment

Minimum investment accepted from any outside investor \$0 USD

12. Sales Compensation

 Recipient
 Recipient CRD Number X None

 (Associated) Broker or Dealer X None
 (Associated) Broker or Dealer CRD Number X None

 Street Address 1
 Street Address 2

 City
 State/Province/Country
 ZIP/Postal Code

State(s) of Solicitation (select all that apply)AllCheck "All States" or check individual StatesAll

All States Foreign/non-US

13. Offering and Sales Amounts

Total Offering Amount\$38,000,000 USD orIndefiniteTotal Amount Sold\$27,983,178 USDTotal Remaining to be Sold \$10,016,822 USD orIndefinite

Clarification of Response (if Necessary):

- 14. Investors
- X Select if securities in the offering have been or may be sold to persons who do not qualify as accredited investors, and enter the number of such non-accredited investors who already have invested in the offering. Regardless of whether securities in the offering have been or may be sold to persons who do not qualify as accredited investors, enter the total number of investors who already have invested in the offering:

0	
26	

15. Sales Commissions & Finder's Fees Expenses

Provide separately the amounts of sales commissions and finders fees expenses, if any. If the amount of an expenditure is not known, provide an estimate and check the box next to the amount.

Sales Commissions	\$0 USD	Estimate
Finders' Fees	\$0 USD	Estimate

Clarification of Response (if Necessary):

16. Use of Proceeds

Provide the amount of the gross proceeds of the offering that has been or is proposed to be used for payments to any of the persons required to be named as executive officers, directors or promoters in response to Item 3 above. If the amount is unknown, provide an estimate and check the box next to the amount.

\$0 USD Estimate

Clarification of Response (if Necessary):

Signature and Submission

Please verify the information you have entered and review the Terms of Submission below before signing and clicking SUBMIT below to file this notice.

Terms of Submission

In submitting this notice, each issuer named above is:

- Notifying the SEC and/or each State in which this notice is filed of the offering of securities described and undertaking to furnish them, upon written request, in the accordance with applicable law, the information furnished to offerees.*
- Irrevocably appointing each of the Secretary of the SEC and, the Securities Administrator or other legally designated officer of the State in which the issuer maintains its principal place of business and any State in which this notice is filed, as its agents for service of process, and agreeing that these persons may accept service on its behalf, of any notice, process or pleading, and further agreeing that such service may be made by registered or certified mail, in any Federal or state action, administrative proceeding, or arbitration brought against the issuer in any place subject to the jurisdiction of the United States, if the action, proceeding or arbitration (a) arises out of any activity in connection with the offering of securities that is

the subject of this notice, and (b) is founded, directly or indirectly, upon the provisions of: (i) the Securities Act of 1933, the Securities Exchange Act of 1934, the Trust Indenture Act of 1939, the Investment Company Act of 1940, or the Investment Advisers Act of 1940, or any rule or regulation under any of these statutes, or (ii) the laws of the State in which the issuer maintains its principal place of business or any State in which this notice is filed.

• Certifying that, if the issuer is claiming a Regulation D exemption for the offering, the issuer is not disqualified from relying on Rule 504 or Rule 506 for one of the reasons stated in Rule 504(b)(3) or Rule 506(d).

Each Issuer identified above has read this notice, knows the contents to be true, and has duly caused this notice to be signed on its behalf by the undersigned duly authorized person.

For signature, type in the signer's name or other letters or characters adopted or authorized as the signer's signature.

Issuer	Signature	Name of Signer	Title	Date
Ascend Wellness Holdings, LLC	/s/ Abner Kurtin	Abner Kurtin	Manager	2019-03-11

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

* This undertaking does not affect any limits Section 102(a) of the National Securities Markets Improvement Act of 1996 ("NSMIA") [Pub. L. No. 104-290, 110 Stat. 3416 (Oct. 11, 1996)] imposes on the ability of States to require information. As a result, if the securities that are the subject of this Form D are "covered securities" for purposes of NSMIA, whether in all instances or due to the nature of the offering that is the subject of this Form D, States cannot routinely require offering materials under this undertaking or otherwise and can require offering materials only to the extent NSMIA permits them to do so under NSMIA's preservation of their anti-fraud authority.